Event Report

Form A

1	Title	“Cast me if you can” - a workshop on casting
2	Date	09.10.2026
3		
4	Target Group	Undergraduates and Interns
5	Location of the Event	SGT 6,7,8,9 Yenepoya Medical College
6	Organizing Department / College	Blades and Beyond – Student Led Surgery Club
7	Organizing Committee Members	Ayesha Rida, Somya Saxena, Ishan Ginodia, Smera Rajesh and council of Blades and Beyond
8	Resource Persons with Affiliation	Dr. Kunder Tushar Satish Assistant Professor Department of Orthopaedics
9	External Organizations / Persons involved	None

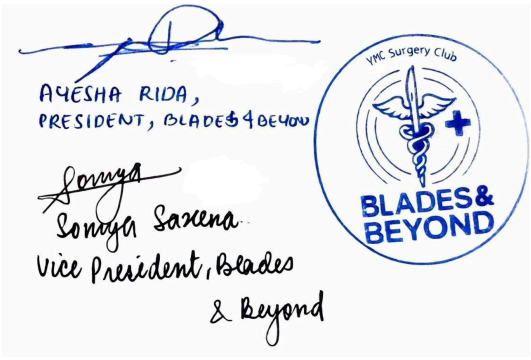
10	Aligned Sustainable Development Goals	1. SDG 3 (Good Health and Well-being): target 3.6 (road traffic injuries) and 3.8 (universal health coverage) 2. SDG 4 (Quality Education): hands-on, competency-based training 3. SDG 10 (Reduced Inequalities): basic fracture care deliverable at primary and rural level 4. SDG 8 (Decent Work): faster recovery and return to work

11	Alignment with any National or International Initiatives	International Initiatives- 1. UN/WHO Decade of Action for Road Safety 2021-2030: reducing the injury burden 2. WHO Rehabilitation 2030 initiative: scaling up rehabilitation services 3. WHO Workforce 2030 / Global Strategy on Human Resources for Health: skill-building for frontline doctors National Initiatives- 1. NMC Competency-Based Medical Education (CBME) curriculum: orthopaedics competencies on immobilisation techniques 2. Ayushman Bharat / Health and Wellness Centres: strengthening primary-level trauma and fracture first-line care 3. RBSK (Rashtriya Bal Swasthya Karyakram): clubfoot is covered under birth defects, and Ponseti casting is the standard treatment 4. National Health Mission: emergency and trauma care capacity

12	Brief Report of the Event The “Catch Me If You Can” casting workshop consisted of a 2 hour workshop which focused on the principles of casting and slab application. The workshop was overseen by Dr Kunder Tushar Satish. The participants were taught the management of fractures, indications of casting, differences between a cast and a slab, hands on application of both cast and slab, their removal and compartment syndrome followed by a game where the participants were divided into groups of 3 and asked to decorate their casts which were judged by Dr Kunder Tushar Satish. The teams who made the best cast/slab and decorated it the best were awarded to encourage active participation in hands on learning activities. The session was attended by a total of 36 undergraduate MBBS students from the 2023 batch of Yenepoya Medical College.
13	Outcome of the event
	1. Improvement in clinical reasoning, analytical thinking, and problem-solving abilities. 2. Enhanced understanding of important skills in orthopaedics through application-based questioning and interdisciplinary learning. 3. Encouragement of self-directed learning, academic curiosity, and interest in orthopaedics among undergraduate medical students. 4. Strengthening of confidence and preparedness for clinical postings, professional examinations, and future healthcare practice.

	Pre-test average: Test not conducted Post-test average: Test not conducted Knowledge/Skill Gain: 1. Reinforcement of theoretical knowledge alongside practical and case-based approaches to orthopaedic clinical scenarios. 2. Development of rapid decision-making skills, teamwork, and effective communication in a competitive academic setting. 3. Increased awareness regarding recent advances, innovations, and evidence-based practices in surgery and allied healthcare fields.

14	Number of YMC Participants	Students	36
		Teachers	1
15	Number of External Participants / Beneficiaries (if applicable)	None	
16	Attach geo-tagged photographs of the event with appropriate captions (Max Two).		
17	Attach the brochure as an annexure in the final PDF;		

18	Seal and signature of the organizer	



Dr Kunder Tushar Satish, Assistant Professor, Department of Orthopaedics demonstrating casting and slabbing techniques to the students.

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The students from 2023 batch practicing casting techniques on each other.

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VOLUME VI

Blades & Beyond

SPECIAL EDITION

* COLLABORATION WITH DEPARTMENT OF ORTHOPAEDICS *

CAST ME *If You Can*

FRIDAY 9TH OCTOBER 2026

Sticks and stones broke your bones? Don't worry!

Blades and Beyond presents a hands-on training session covering the basics of fracture fixation via slabs and casts.

Break it till you make it!



KINDLY NOTE

- *We encourage wearing half sleeves, light coloured clothing.*
- *Feel free to bring personal protective items like gloves etc.*
- *Everyone will be responsible for cleaning up their own mess so please be careful.*

SGT 6 * 4 PM

***CASTING CALL:** PUT YOUR BEST FOOT FORWARD, NOT YOUR BROKEN ONE!*

The brochure

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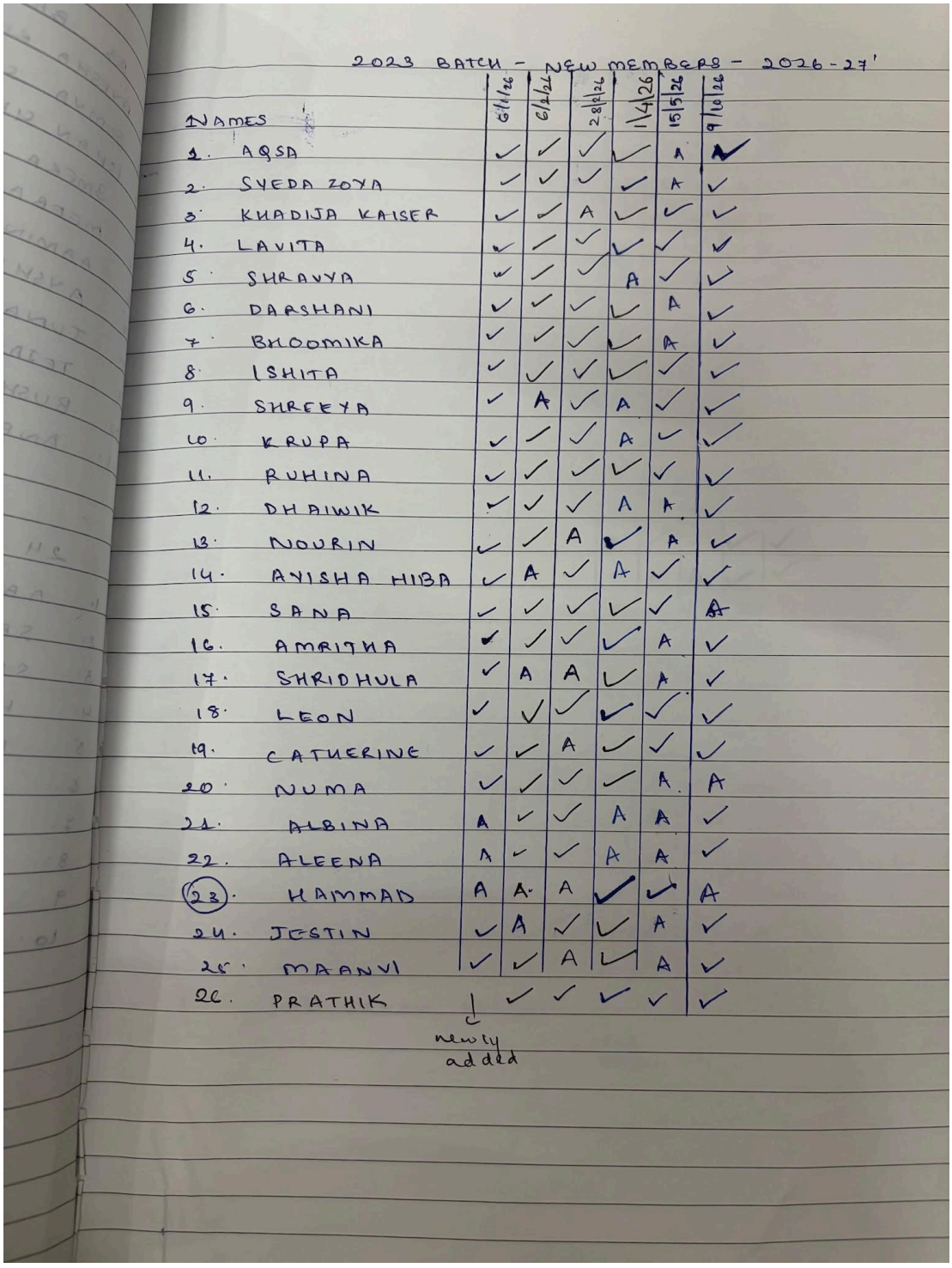

2023 BATCH - NEW MEMBERS - 2026-27'

NAMES	6/1/26	6/2/26	28/2/26	1/4/26	15/5/26	9/10/26
1. AQSA	✓	✓	✓	✓	A	✓
2. SYEDA ZOYA	✓	✓	✓	✓	A	✓
3. KHADIJA KAISER	✓	✓	A	✓	✓	✓
4. LAVITA	✓	✓	✓	✓	✓	✓
5. SHRAVYA	✓	✓	✓	A	✓	✓
6. DARSHANI	✓	✓	✓	✓	A	✓
7. BHOOMIKA	✓	✓	✓	✓	A	✓
8. ISHITA	✓	✓	✓	✓	✓	✓
9. SHREEYA	✓	A	✓	A	✓	✓
10. KRUPA	✓	✓	✓	A	✓	✓
11. RUHINA	✓	✓	✓	✓	✓	✓
12. DHAIWIK	✓	✓	✓	A	A	✓
13. NOURIN	✓	✓	A	✓	A	✓
14. AYISHA HIBA	✓	A	✓	A	✓	✓
15. SANA	✓	✓	✓	✓	✓	A
16. AMRITHA	✓	✓	✓	✓	A	✓
17. SHRIDHULA	✓	A	A	✓	A	✓
18. LEON	✓	✓	✓	✓	✓	✓
19. CATHERINE	✓	✓	A	✓	✓	✓
20. NUMA	✓	✓	✓	✓	A	A
21. ALBINA	A	✓	✓	A	A	✓
22. ALEENA	A	✓	✓	A	A	✓
(23). HAMMAD	A	A	A	✓	✓	A
24. JESTIN	✓	A	✓	✓	A	✓
25. MAANVI	✓	✓	A	✓	A	✓
26. PRATHIK	newly added	✓	✓	✓	✓	✓

The attendance record

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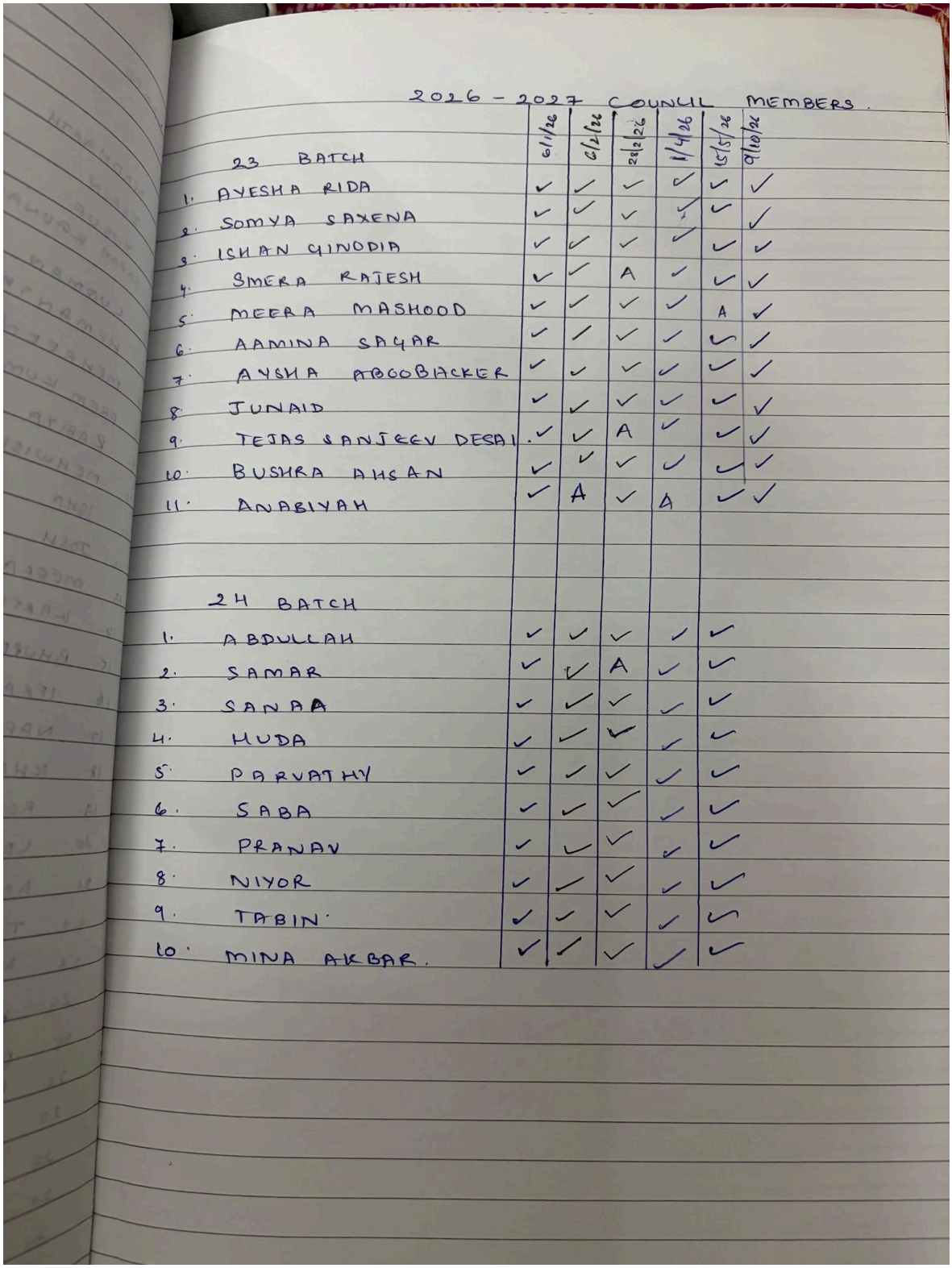

2026 - 2027 COUNCIL MEMBERS.

	6/1/26	6/2/26	28/2/26	1/4/26	15/5/26	9/10/26
23 BATCH						
1. AYESHA RIDA	✓	✓	✓	✓	✓	✓
2. SOMYA SAXENA	✓	✓	✓	✓	✓	✓
3. ISHAN SINODIA	✓	✓	✓	✓	✓	✓
4. SMERA RAJESH	✓	✓	A	✓	✓	✓
5. MEERA MASHOOD	✓	✓	✓	✓	A	✓
6. AAMINA SAYAR	✓	✓	✓	✓	✓	✓
7. AYSHA ABOOBACKER	✓	✓	✓	✓	✓	✓
8. JUNAID	✓	✓	✓	✓	✓	✓
9. TEJAS SANJEEV DESAI	✓	✓	A	✓	✓	✓
10. BUSHRA AHSAN	✓	✓	✓	✓	✓	✓
11. ANABIYAH	✓	A	✓	A	✓	✓
24 BATCH						
1. ABDULLAH	✓	✓	✓	✓	✓	
2. SAMAR	✓	✓	A	✓	✓	
3. SANAA	✓	✓	✓	✓	✓	
4. HUDA	✓	✓	✓	✓	✓	
5. PARVATHY	✓	✓	✓	✓	✓	
6. SABA	✓	✓	✓	✓	✓	
7. PRANAV	✓	✓	✓	✓	✓	
8. NIYOR	✓	✓	✓	✓	✓	
9. TABIN.	✓	✓	✓	✓	✓	
10. MINA AKBAR.	✓	✓	✓	✓	✓	

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"CAST ME IF YOU CAN" - CASTING SESSION - EXTRA ENTRIES - 2023 batch :-

1. Soha.
2. Hiba.